



The GU Health First Choice network helps you access quality healthcare at competitive rates.

Member Information Sheet

GU Health First Choice network

To help keep your costs to a minimum, we've locked in lower rates with our network of dentists, optometrists and physiotherapists so GU Health members can enjoy competitive treatment fees.

For non-resident members, our First Choice network also includes GP, radiology and pathology practices (Australian residents are covered for these services by Medicare).

Why our network should be your First Choice

As a GU Health member, you can choose to see the physio, dentist or optical provider of your choice – but by choosing a First Choice provider, it means you could pay less.

Dentists and physiotherapists who are part of our network have agreed to set treatment fees which are lower than the average fees.

Optical providers who are part of our network will offer GU Health members a discount when you purchase prescription glasses. Plus, you can enjoy other exciting sales and offers available exclusively to nib Group members (which GU Health is part of).

Finding a First Choice provider near you

Members can search for a First Choice provider on our website at guhealth.com.au/find-a-provider or via the **GU Health app**. This is also where you can search for GU Health partner private hospitals and Medical Gap Network specialists.

Our network is growing each month, so you're bound to find a GU Health First Choice provider near you.

Choosing a provider outside of our network

Members can choose to see any registered healthcare professional outside of our network, as long as their qualifications are recognised by us. You may be charged more by these providers however, as we don't have a negotiated agreement. You can search for providers outside of our network at whitecoat.com.au



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No gap treatment with nib Dental and nib Eye Care Centres

Don't forget, GU Health is part of the nib Group so members have access to:



100% back on dental check-ups at nib Dental Care Centres*



100% back on a selection of single vision prescription glasses and a selection of contact lenses at nib Eye Care Centres*

Find an nib Centre near you at [guhealth.com.au/find-a-provider](https://www.guhealth.com.au/find-a-provider) or via the **GU Health app**.

Checklist before booking an appointment

- Check [guhealth.com.au/find-a-provider](https://www.guhealth.com.au/find-a-provider) or the **GU Health app** to ensure your provider participates, or simply speak with your provider at the time of booking. Participation in our network is subject to change so it's important to check to avoid disappointment.
- As waiting periods, annual limits and other conditions may apply, it's a good idea to check your level of cover and remaining limits. You can do this via the **GU Health app**, by **logging into your account** or contacting our GU Health Member Relations Team on **1800 249 966**.

*Payment by nib of dental or optical benefits is subject to having Extras cover, serving relevant waiting periods, annual limits and service limits. To claim 100% back with nib you will need to have sufficient annual limits remaining. Check your cover by visiting Online Member Services or calling 1800 249 966. Offer available to members of nib and health insurance brands underwritten by nib. Benefits claimed under a 100% back offer will be deducted from your annual limits and/or service limits. 100% back dental check-ups: The dental check-up covers an examination (011 or 012), scale and clean (114) or removal of plaque (111), fluoride treatment (121) and bite-wing or periapical x-rays (022, maximum of 2 per year), as deemed necessary and appropriate in the clinical opinion of the dentist (dentures not included). Not to be used in conjunction with any other offer or government scheme, nor substitutable or redeemable for cash. 100% back on complete single vision glasses: includes complete single vision lenses and frames from a select range only. The range depends on your level of health cover. Stock and brands are subject to availability and may vary from store to store. Prescription sunglasses, safety glasses, tinting, coating or hardening of lenses are excluded. Not available in conjunction with any other offer or discount, unless specified. You cannot pay the difference between the '100% back' range of glasses and another product. 100% back on contact lenses: limited to a select range of contact lenses and a minimum of 6 months' supply. The range depends on your level of cover. Must be purchased as one complete package. You cannot pay the difference between the '100% back' range of contact lenses and another product.